

Run with us today; build with us tomorrow!



Turkey Trot 5K & Children's Fun Run!

Saturday November 18, 2017

Begins at Weller Field
Ligonier, PA 15658

What is our Renovation Project?

The modernization of the Community Building portion of our facility for the benefit of the many civic and community organizations who utilize our facility at no charge.

Who are some of the users of the Community Building ?

- Westmoreland County/ PA Office of Vocational Rehabilitation (OVR)
- Justice Works YouthCare - FGDM/Westmoreland County Children's Bureau
- Cub Scout Pack 372, Girl Scout Troop 52764 and Boy Scouts
- Alcoholics Anonymous (two chapters weekly)
- Business & Professional Women's Group of Ligonier Valley
- Meals on Wheels - daily
- Fort Ligonier Days, Inc. – triage center
- Fort Days Pancake Breakfasts served to 1000+ visitors
- Financial Peace University – Dave Ramsey course
- Food Pantry and Community Ski Swap
- Linus Blankets for Children's Hospital and area hospitals



We are also a destination wedding location for Pittsburgh area residents and visitors and the lack of accessibility for disabled guests has been noted.

Race Details – 5K Run or Children's Fun Run – Saturday, November 18, 2017

Events: 5K Run (chip timed)	Fee 5K Run: \$25 Early-bird Registration (by 11/1/17)
Children's Fun Run (ages 6 & under)	\$30 Registration (after 11/1/17)
	Fee Fun Run: \$15 Early-bird Registration (by 11/1/17)
	\$20 Registration (after 11/1/17)
	*Registration is non-refundable

Race t-shirts guaranteed to those registered by 11/1/17!

Time: Registration - 7:15a – 8:45a	Awards: 5K Run – Awards for the top three male and female finishers overall and top male and female finisher in each age group: 14 under, 15-19, 20-29, 30-39, 40-49, 50-59, and 60+. Children's Fun Run – all.
9:00a – Children's Fun Run	
9:15a – 5K Run	

Location: Begins at Weller Field in Ligonier, PA

Additional Information and ONLINE REGISTRATION: www.ligonierhumc.org or 724-238-2627

Please consider bringing non-perishable food items to donate to the community food pantry!

Race Registration and Waiver Form

EASY ONLINE REGISTRATION available at www.ligonierhumc.org or

Mail the completed form below with your payment. **One participant per form** (copies okay).

PLEASE PRINT CLEARLY. Thank you!

5K Run Children's Fun Run (Ages 6 and under only please)

Name _____

Gender Male _____ Female _____ Birth date _____

Address _____

City _____ State _____ Zip _____

Preferred Contact Phone # _____

Preferred Email _____

Race t-shirts guaranteed to participants registered by 11/1/17.

Please circle your preferred unisex shirt size below:

Adult Unisex: XS S M L XL XXL

Women's Cut: XS S M L XL *(please note the women's cut runs small)*

Youth: XS S M L XL

Payment – please check appropriate boxes:

- 5K \$25 Early-Bird Registration (received by 11/1/17)
- 5K \$30 Registration (received after 11/1/17)
- Fun Run \$15 Early-Bird Registration (received by 11/1/17)
- Fun Run \$20 Registration (received after 11/1/17)
- I want to be a Race Sponsor! *

- Gold (\$500+)** Company logo or name prominently displayed on top of race shirt
- Silver (\$250+)** Company logo or name on race shirt
- Bronze (\$100+)** Name of company or individual listed on race shirt
- Contributor (up to \$99)** Donations are sincerely appreciated

*Please list my company or me as follows, or email logo by 10/30/17 (for Gold or Silver sponsors) to heritageumc@verizon.net (Black and white version, Vector format preferred):

Send completed form and check payable to:
Heritage United Methodist Church
107 S. Market St., Ligonier, PA
15658

WAIVER, Signature is required below:

I, the undersigned individual, intending to be legally bound for myself, my child(ren), heirs, executors and administrators, represent that the registrant is in good health, physically fit, and has trained sufficiently for this event and, with prior knowledge of the physical nature of the activity, I hereby release and discharge Heritage United Methodist Church, and/or their affiliates, officers, directors, agents or employees, and any and all vendors, sponsors, and volunteers connected with the operation and running of this event, from any and all claims or causes of action that may arise from this activity, and hold them free and harmless from liabilities arising from illness, injuries, and damages my child may suffer as a result of his/her participation in this event. I also give permission for use of photographs of the participant for the promotion of this event.

_____/_____/_____
Signature (if over 18 years old) (Please print name here) Date

_____/_____/_____
Parent/Guardian Signature (if under 18 years old) (Please print name here) Date

Please consider bringing non-perishable food items to donate to the community food pantry!